

Exercise Worksheet: The Key Questions to Ask Yourself to Breakthrough Indecision

1. What outstanding decisions do I have to make?	
2. What benefits am I enjoying by delaying these decisions?	
3. What discomforts will I experience if I delay these decisions too long?	
4. What information do I need to make each of these decisions?	
5. What benefits could I realize by making each of these decisions today?	
6. Which of these decisions am I prepared to make today?	
7. What actions are necessary for these decisions and when will I take them?	
8. What is my next step?	